

Hoffman Centre For Integrative Medicine and Rod C Ezekiel

Present

STONE AGE NUTRITION



Principles of Paleolithic Nutrition

Join us for a high energy, compelling and information packed seminar on how to eat like our ancestors to achieve incredible health, vitality and lean muscularity.

Friday Nov 26 from 2 – 4 pm
Seating is limited so book now !
Cost is \$50

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