

**Hoffman Center For
Integrative Medicine
and
Rod C Ezekiel
Present**

STONE AGE NUTRITION

**Principles of the
Paleolithic Diet**

Join us for a high energy, compelling and information packed seminar on how to eat like our ancestors to achieve incredible health, vitality and lean muscularity.

**The Hoffman Centre for Integrative Medicine
1133 17th Avenue NW
Calgary, Alberta, Canada T2M 0P7**

**Friday, June 12 at 2:00 pm ~ Cost is \$30
Contact us to reserve your ticket
as seating is limited**

[email to: research@hoffmancentre.com](mailto:research@hoffmancentre.com)

Ph: 403.206-2333